

JOIN THE RIPPLE OF HOPE MOVEMENT

A GLOBAL KINDNESS CAMPAIGN FOR SUICIDE PREVENTION AWARENESS MONTH

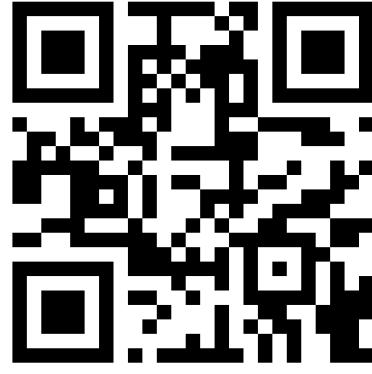


12 ACTS ENDLESS IMPACT

12 PEOPLE DIE EACH DAY FROM SUICIDE. SO WE ARE CHALLENGING YOU TO COMPLETE 12 RANDOM ACTS OF KINDNESS IN THE MONTH OF SEPTEMBER TO RAISE AWARENESS FOR SUICIDE PREVENTION AND START A RIPPLE OF HOPE.

Be the Reason Someone Stays

Suicide is the second leading cause of death in people ages 15-29, but kindness can save lives. With your help we can make a difference.



*Scan
Here*

1. Scan the QR code or go to noonelistenstolaura.com/therippleofhovement
2. Sign up with your name and email
3. Complete your 12 Random Acts of Kindness
4. Track them with the Ripple Tracker in your account
5. Share your ripples of hope on social media with #rippleofhopemovement and tag @noonelistenstolaura for a chance to be featured
6. Share a photo with your completion badge to be entered for a chance to win awesome prizes

How to join

together we can start a ripple and create a change!



Follow @noonelistenstolaura on social media